



DR. RACHEL HENDERSON, PH.D.

SPEAKER, TRAINER, AUTHOR, CONSULTANT



"Inspire others to take action that impacts change in their lives and organizations."

Dr. Rachel Henderson, Ph.D., MS, RN, HCRM, has taught thousands of professionals across the healthcare industry strategies to immediately enhance the quality of care and practical actions that reduce liability exposure as a patient care provider.

Rachel blends her consulting background, coaching skills, and natural stage presence for every keynote, breakout session, and workshop. She ensures her audience is inspired to take immediate action and stocked with tools and structure to think through even the most unusual scenarios critically. She combines a warm, compassionate style with a no-nonsense, straightforward approach that fosters personal accountability. Audiences experience an increased ability to quickly identify and manage priorities, collaborate with other team members, and contribute meaningfully to their organization's success.



Rachel's 4 Pillars

- Quality
- Integrity
- Professionalism
- Compassion

Engage Rachel Today and Your Audience Will...

Rachel's Most Requested Programs

Get Up! Get Dressed!

Positive affirmation and stress reduction strategies.

Uncommon Champions Sleep When They're Dead

Three steps that yield maximum achievement

Legal Liability for Nurse Leaders

Lead with risk reductions tactic in mind

Nursing Documentation Strategies

How to avoid risky documentation in electronic records.

Evaluating Health Literacy in Contemporary Organizations

Learn four essential tools for assessing the health literacy of patients.

- Align personal integrity at work
- Define professionalism through the lens of professional practice and leadership
- Embrace positive attitudes critical thinking during challenging situations
- Foster personal accountability by pursuing personal goals with a sense of urgency.



Partial Client List

- Washington Hospital
- Martinsburg VA Medical Center
- San Juan Regional Medical Center
- UCLA Medical Center
- PESI Healthcare
- Coverys
- James A Haley VAMC
- UCFW Union 1625
- Corpus Christi Children's Hospital
- Middlesex Medical Center

“Inspirational” You are genuine, funny, brilliant and inspirational. Awesome seminar! One of the best I’ve been to.

A.S. Registered Nurse, Albuquerque Hospital

“Quality” Rachel provides the highest quality of work, whether analyzing legal issues related to nursing care or regulatory compliance standards. She is very knowledgeable, articulate, easy to work with, and reliable.

K.C. Clinical Assistant Professor, FIU

“Professional” Rachel is an ultimate professional. I have had the pleasure of working with her in multiple capacities since the mid 80’s and each time have been enriched by her knowledge and professionalism.

J.C.S. Director of Education, AHMC Healthcare

“Best Investment” I’ve attended many conferences and Rachel is unique and focused on individual needs. She has a very approachable style and willing to share. Hands down the best investment I’ve made in my career!

L.L. Owner, Coastal Legal

“Current and Up-to-date” unlike other programs. Rachel is very knowledgeable, well organized and provide as customized designed program. Best of all, you get feedback and mentoring immediately! You should never miss any of her programs. You will not be disappointed.

J.S. CEO, Legal Nurse Collaborative

To Book Rachel or to have a conversation about your event, call 561.267.8476

Visit: <https://www.espeakers.com/marketplace/profile/19588/simple>

Schedule a consultation: <https://calendly.com/rachel-mlc/30min>

DIFFERENTIATORS – Expertise

- **Leadership and Training**
 - President – Florida Speakers Association
 - National Speakers Association (NSA) member
 - 70,000 nurses trained (leadership, seminar, conferences)
 - 25+ years of Executive Advising, Training, and Coaching
- **Project Management, Training, Workshops**
 - Legal Aspects of Healthcare seminars
 - Continuing Education Provider since 2004
 - TeamSTEPPS
- **Qualifications / Certifications**
 - Ph.D. Public Policy & Administration: Law and Policy
 - Healthcare Risk Manager (HCRM)
 - Legal Nurse Consultant/Expert Witness Testimony
 - 36+ years of clinical, management, and education experience
 - MS, Nursing
 - Published author: textbooks and peer-reviewed journals

